THE FLYING ENTERPRISE

COMPLEX

Featuring

The Captains Table Restaurant

The Cabin & Lounge

Evening Menu

3.00pm – 9.00pm

Specials

THE FLYING ENTERPRISE COMPLEX

The Cabin & Lounge Evening Menu 3.00pm – 9.00pm

Starters

Homemade fresh Soup of the day served with Garlic Croutons & a Bread Roll	€4.95
Chef's homemade seasonal Pate served with warm Toast & Ballymaloe Relish	€6.50
Spicy Chicken Wings with a Blue Cheese Mayonnaise	€7.95
Potato Skins fully loaded with Bacon, Red Cheddar & Chive Mayonnaise	€7.95
Ballycotton Smoked Salmon with Homemade Cucumber Pickle & Brown Bread	€7.95
A trio of fresh Baked Ciabatta topped with Pesto / Garlic & Herb, Sundried Tomato & Bell Pepper	€6.50

Main Courses

Baked Fillet of Fresh Salmon with Prawn & Dill Butter Creamed Potatoes & Vegetables	€15.95
Fresh Fish of the Day: Our Fish option changes daily, availing of the fresh produce brought in off the boat each morning. Please ask your server for details of today's specials	€16.95
Deep Fried Scampi served with Salad, Home Cut Chips & Tartar Sauce	€16.95
A Hot Fruity Curry of Chicken, Onion, Mango Chutney served with Basmati Rice	€14.95
Pan Fried Medallions of Chicken Breast in a Creamy Pepper Sauce served with Salad & Home Cut Chips	€15.95
A Spicy Oriental Vegetable Stir-fry with Sweet Chilli, Soya, Coriander & Basmati Rice (add Chicken or Beef €2.50 extra)	€14.95
Breaded Goujons of Chicken Breast served with Home Cut Chips, tossed Salad & Barbeque Sauce	€12.95

From the Grill

10oz Rib Eye Steak served with Mushrooms, Onions, tossed Salad & Home Cut Chips with a Creamy Pepper Sauce or Garlic Butter	€25.95
Chargrilled Burger with Bacon, Beef Tomato, Onion Rings, Mustard Mayo & Home Cut Chips	€16.95
Grilled 8oz Sirloin Steak served with Sauté Mushrooms & Onions, Home Cut Chips with a Creamy Pepper Sauce or Garlic Butter	€22.95

Salads

all served with freshly baked brown bread

Classic Chicken Caesar Salad: Lemon, Oregano, Garlic Chicken, Crisp Lettuce, Croutons & Caesar Dressing with Parmesan Shavings	€11.95
Cold Meat Platter: Home Cooked Meat selection of Ham Beef & Chicken with Salad	€11.95
Buffalo Mozzeralla, Sundried Tomato, Pesto with Red Onion & Seasonal Leaves	€11.95
A duo of Ballycotton Smoked Salmon & freshly Poached Salmon with Cucumber Pickle	€11.95

Baked Rooster Potatoes

all served with a tossed salad & topped with one of the following:

Tuna, Red Onion & Sweetcorn	€7.95
Baked Beans & Cheddar Cheese	€7.95
Spicy Cajun Honey Chicken & crunchy Bell Pepper	€7.95
Homecooked Ham & melted Cheddar Cheese	€7.95

Paninis

all served with home cut chips & salad

Prime Beef, Cheese & Red Onion	€9.95
Chicken, Tomato, Red Onion & Relish	€9.95
Home cooked Ham, Cheese, Onion & Tomato	€9.95

Wraps

all served with home cut chips & salad

Grilled Bacon, Lettuce, Tomato & Mayo	€9.95
Chicken, Pesto & Sundried Tomatoes	€9.95
Breaded Chicken Goujons, Roasted Red Peppers Cheddar Cheese & Sweet Chilli Sauce	€9.95
Sundried Tomato, Red Onions, Peppers, Lettuce & Mozzarella	€9.95

Plain & Toasted Sandwiches

Toasted Special: Ham, Cheese, Onion & Tomato	€5.25
Choice of Ham, Beef, Chicken, Tuna, Salad	€5.25
Open Trio of Seafood Sandwich on Brown Bread with Seasonal Leaves & Mary Rose Sauce	€8.95

Side Orders

Portion of Coleslaw	€1.95
Sauté Mushrooms & Onions	€2.95
House Salad	€2.95
Baked Potato	€3.30
Home Cut Chips	€3.30

The Flying Enterprise Complex, South Gate Bridge, Cork

Main Gate on Sober Lane by Nano Nagle Bridge, Cork

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All beef is fully traceable and of Irish origin. Vegetarian & Coeliac options available - please ask server. Prices are inclusive of VAT.